



Rick & Sue McCoy



WHO FATHER IS!

Below are a few scripture verses to help you know and see who Father God is, His nature and character. Other verses speak of what He has promised and what we are to receive. As you read through these, may your relationship with Him grow sweeter and may you see yourself like He sees you!

- Gen. 22:1-18** - The-Lord-Will-Provide
- Ex. 33:18-19 & Ex. 34:6** - Glorious God and much more
- Numbers 23:19** - God doesn't lie
- Deut. 7:9** - Faithful, keeps covenant and mercy
- Deut. 33:27** - Our refuge, His everlasting arms
- Judges 6:1-23** - The-Lord-Is-Peace
- Ps. 89:34** - won't break His covenant, nor words
- Ps. 91** - Place of safety, our protector
- Ps. 139** Knows every detail of your life
- Isa. 46:3-4** - Upheld from birth, carries in old age
- Isa. 66:12-13** - He cares and comforts like a mother
- Zeph. 3:17** - In your midst, quiets you, and more
- John 1:16** - We receive His fullness and grace
- John 17:23, 26** - Loved as much as He loves Jesus
- Acts 1:8** - Receive the power of Holy Spirit
- Acts 3:5** - Look to Him expectantly
- Rom. 8:15** - Received the Spirit of full acceptance
- Heb. 13:5** - He will never leave nor forsake you
- Phil. 4:19** - He supplies your needs according to His riches
- 2 Cor. 9:8, 10** - He multiplies grace, abundance and more
- 1 John 2:27** - Received His anointing, abides in you



I love you!
-GOD

Receiving from Father God

How many of you like to receive gifts? As we head toward the holidays, our thoughts often turn to purchasing gifts for those we love. Gift giving at Christmas time is a special way of showing our love. The Bible says, **"It's more blessed to give than receive."** **Acts 20:35** Growing up I learned the importance of giving from my mother and grandmother who gave in many ways to others. I was taught to give, but not how to receive! Over ten years ago, a godly man spoke these words, **"You cannot give away what you have never received!"** I have never forgotten those words, and they continue to impact my heart and life every day! His words are true! You can't give away money if you don't have it, and you can't give away love if you have not experienced it! I (Sue) want to talk about the importance of receiving so that you can give more! Learning to receive natural gifts is good, but receiving gifts from our good Heavenly Father is especially important! When a gift is offered, we must **reach out, take it**, and then **open the gift to enjoy it!** May Holy Spirit take what I share and give you more revelation about becoming a better receiver so you can bless others too!

"Being" - A Part of Receiving

After experiencing my Heavenly Father's love, Holy Spirit gave me an image that I will never forget. I saw a very busy bee flitting from flower to flower, doing what it was made for. However, He let me know that is not what He made me to be or do! **We are not human doings, but human beings!** Our Father wants each of us to simply **"be"** His sons and daughters, and not get our identity from what we do! Being busy all the time makes it hard for us to receive the good gifts He has for us. I had an image of an empty drinking glass that was constantly moving. It was very difficult to fill the glass! He showed me how I had lived most of my life like that, seldom stopping, being still, and receiving from Him! Ouch! He stated I was to **"be" still, "be" hold Him, "be" loved by Him** and more! Learning to get my identity by simply **"being"** content in how He made me was a brand-new beginning for me!

In Dr. Jim Wilder's book, *Living from the Heart Jesus Gave You*, **learning to receive** what we need from others is a task we are to meant to **master as a baby through age 3!** Jesus said that to enter His Kingdom, we must become like a little child. **Matt. 18:3** The word, *child*, in the Greek means a very young baby/toddler. Babies and young children come into this

world unable to do anything for themselves! They can only “BE!” Most of us don’t remember our early years when we were totally dependent on others and let them care for us! To grow and live we had to let others feed us, change our diapers, dress us, protect us, and love us. The Lord showed me some areas He has had to work on in me where I struggled to receive and expect all my needs to be met. Ask Him to reveal if there are any areas you may need to learn to receive.

Remember our parents can only give us what they received themselves! In those first three years, we receive joy looking into our parents’ faces and know we belong and are loved just because we are! As we grow up our hearts need to connect to others, so we can feel secure and expect to receive what we need. However, there are no perfect parents, we may not have grown in that area. Ask Holy Spirit where you may not have the right image of your Heavenly Father because of what your parents didn’t have to give you. Then ask Him to give you new images of all that He is. Let Him heal your heart and fill in the gaps with what you need to receive!

Hindrances to Receiving His Good Gifts

Do we believe God is a good Father and desires to give us good gifts? The Bible says, **“Every gift God freely gives us is good and perfect, streaming down from the Father of lights, who shines from the Heavens with no hidden shadow or darkness and is never subject to change.” James 1:17TPT** Other verses also talk about it being impossible for God to lie or change. Our *biggest hindrance* may be that too often we *struggle to believe He is all that His Word* says He is! Besides that, other people not keeping their word can also cause us to question His word. As I have meditated on James 1:17, Holy Spirit highlighted some other things that have challenged my ability to believe, trust and receive from Him too.

Feeling Unworthy

Have you ever seen a young child see their name on a gift and yet say I’m unworthy or don’t deserve it? No! Kids are quick to receive a gift and enjoy it because they don’t measure receiving gifts by what they have done or not done. As adults, however, we think we must meet certain standards in our performance or behavior to deserve a gift. Sometimes we fail to receive and enjoy the things that our Heavenly Father offers His children due to feelings of unworthiness! A few years ago, the Lord showed me I felt unworthy about myself. He showed me that I

believed that He would supply all the money we needed to go on a mission trip where it was about others, but when we needed to receive money to go on a trip for ourselves, I struggled to ask and receive what we needed. After a time of prayer with Him, I broke the lie that I was unworthy and opened my heart to receive His provision which then came in very quickly! Jesus made us worthy so we can receive His good gifts!

Focusing on Self

Father said this is where many of My children miss it! Often, we treat God like a heavenly butler only coming to Him to get our needs met, without having a heart relationship with Him. We’re trying to control our lives. Have you noticed that *self likes to be in control*? Daily we can live feeling independent, self-sufficient, and able to take care of things in life until there is some big problem that we can’t handle -like cancer, marriage problems, a job loss, etc. Only after trying everything we know to do and “self” still has no answers, then we turn to God for help.

Over the years, I’ve seen how people and society have changed their opinions about how to do things, but God and His Word never change. When we think we know best, which is really pride, our Heavenly Father will let us do things our way. He won’t force Himself or His ways on anyone. Learning to humbly open my heart to Him, yield my will to Him and believe what His Word says has caused my life to get sweeter as I’ve chosen His ways rather than mine!

If our eyes are on ourselves as the source, we are living as orphans unaware of having a Heavenly Father who loves us, wants us to come to Him, live at home with Him, and see Him as the Provider. Self can still strive to get our needs met the best way we know how. The word “**get**” means **to obtain by struggle and effort** which brings pressure, stress, and sometimes fear of lack. Rick and I lived as orphans for many years of our marriage trying to get what we needed and not knowing we had a good Father who wanted to help us. Then the Lord spoke to both of us separately to start tithing when it didn’t look possible! But we took that step over 40 years ago, and all I can say is He has been faithful beyond anything we could have imagined in every area of our lives! He’s blessed us with things as we trusted Him, but knowing our good Father is still the best part!



What's More Important...Him or Things?

He blessed us with some material things, but we haven't let things be bigger than our Father. His Word says, **"Don't set the affections of your heart on this world or in loving the things of the world. The love of the Father and the love of the world are incompatible."** 1 John 2:15 Satisfying the lusts of the flesh, focusing on things, and being obsessed with our status or importance in this world are not from our Father. The Bible tells us that **"...where our treasure is, there your heart will be also."** Matt. 6:21 We are careful to check our hearts from time to time to be sure our treasure and love are focused on Him alone, not the things He has given us to enjoy!

Receiving Is Meant to Be Easy!

All that is required to receive a gift is to reach out, take it, open it, and enjoy it! The word, *receive*, means *to take in, to accept, to hold, to admit or embrace*. Joyce Meyer said, **"Receiving is to act like a receptacle and just take what is being offered!"** Jesus is the One who did the hard part, going to the cross, taking our sin, and dying in our place. He finished everything necessary for us to become His children and receive what we need from our good Father! Our part is to willingly open our hearts, believe, and receive all the promises we find in His Word.

Receiving is easier when we know our Father's heart. The more we know a person's heart and character, we know we can count on that person doing exactly what they say. Making time to get to **know His character and nature** increases our confidence and our ability to trust that He is good! After many years of getting to know my Father's heart and experiencing His loving care, I am confident that He is only good. Now I can believe, trust and receive what He is offering. As an earthly parent, I never want to see my child sick or not having what they need. Our Father is far greater than an earthly parent. **Luke 11:18** says, **"If you then, being evil, know how to give good gifts to your children, how much more will your Heavenly Father give the Holy Spirit to those who ask Him?"** Our Heavenly Father wants us to receive what we need from Him too! May you look to Him expectantly!

Religion is about man's efforts to reach God. **True Christianity is a downward flow from our good Heavenly Father!** Is it hard to get wet if you stand under a waterfall? No, the water simply flows down because of gravity! It's effortless! We need the image

of our **"Father freely giving us all things."** Rom. 8:32 It's all about knowing His unchanging nature that is ready to pour out His grace, love, blessings and more for us to receive. The more I read the Bible and meditate on how faithful He is to care for all of creation, the more I trust that He'll be faithful to me too! It's time to receive like a little child, looking expectantly to our Father to meet our needs. Our earthly fathers may have had limits of what they could give us, but we have a limitless Heavenly Father! Let Him give you a new image by meditating on **"Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all for His miraculous power constantly energizes you."** Eph. 3:20 TPT

Father often has me go back to **Isaiah 30:15** when I am struggling to receive all that He has for me. It talks about *returning* and *resting* in Him I'll be saved. In *quietness* and *confidence* shall be *my strength*. Each of those words remind me He's my Source, my Safe Place, and the One I can depend on! I have developed the habit of *quieting my body* by turning to Him when I feel overwhelmed or fearful. I do deep breathing and then I *practice appreciation* by recalling sweet memories that I relive in my heart for 5 minutes or more. These habits have helped me to be more aware of His presence, hear His voice, and receive from Him!

When everything shut down in 2020, He told me to simply sit in His Presence and receive for six weeks, not focusing on reading, praying etc. I listened to some worship music or quiet instrumental music during my hour or more of being with Him. At first my flesh and mind struggled to be able to focus on Him and be content. It became a treasured time that I will never forget, just being still, receiving, experiencing Him and His love! I encourage you to simply sit and receive all He wants to give you!

While we are each different, making time and space to receive from our good Father needs to be a priority! Learning to be a good receiver of His love is one of the best things we can do for ourselves! As we receive His love and are filled with His good gifts, we find ourselves excited to give to others what we have received ourselves!



A Father's Blessing

I bless you to open your heart and receive greater revelation of your good, good Father. I pray that you desire and pursue knowing the character and nature of His heart so that your relationship with Him grows deeper. May the things of this world become less important than knowing Him! I pray all unworthiness and focus on self are removed with your eyes being on His love and goodness. I bless you to rest in the finished work of Jesus Christ and freely receive your inheritance as His son/daughter. May you make time and space to “be” with Him, knowing He delights in you! I bless you to become an amazing receiver so that you can give from the overflow that you have received!

