



Rick & Sue McCoy

Well Water Project - Zambia!

Besides the project where we provided new bibles for over 30 pastors in Zambia, we also became aware of another need that Father has placed on our hearts to meet.



Our friend Eunice Nkandu started **Abba's School of Hope** with 2 classes of preschool children on land beside her church. She plans to expand the school in the future, but presently the school needs clean drinking water for all. We believe that He will bring in the \$3,200 needed to dig a well, put in a pump and storage tower! We hope to be able to send her the money by the end of the year to avoid potential costs increases next year. Would you prayerfully consider sowing a love gift this holiday season to bless Abba's School of Hope in Ndola, Zambia?

Donate online at our website:

<https://abbasarmsintl.org/>

or send a check made out to:

Abba's Arms International, Inc.

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Born of the Spirit – Born of Love

Our Heavenly Father says we were created for love and from love! God who is love always planned for us to live in a love relationship with Him. Months ago He spoke to me (Sue) about His plan for mankind *to be born of His Spirit, born of Love!* His Spirit is one hundred percent like Him and filled with nothing but love! How do we experience love? Love impacts our hearts, not our heads. Our Father wants our hearts connected to His heart, receiving and experiencing His love all the time. He wants us to get back to what it was like originally in Garden of Eden long ago. Can you imagine living in an atmosphere of love and being loved every day?

In the Beginning

In Genesis, we read how God spoke and created all things until He came to the last day of creation. On the sixth day He formed man from the dust and breathed into his nostrils the breath or spirit of life and man became a living being.

Gen. 2:7 AMPC To breathe into someone's nostrils you have to be close! Whose face, touch, and voice did they experience first? Father's! They were first awakened to their Father's love and embrace. He always planned for His man to know His heart and have a personal, intimate relationship. We have lost the images of what it was like for Adam and Eve to walk and talk with God in the garden and live in an atmosphere of love and acceptance.

Many people on the earth today have never realized there is more to life than this earthly existence. Living from our five physical senses and making our decisions based on what we think is good for us leaves out the One who created us and loves us. Our enemy wants us to believe there is no father to care for us, protect us, and love us. Many in today's world live from their heads and have closed their hearts to valuing relationships with Father and others. Evolution has also made many feel they just happened and there is no real purpose to their lives. God's Word makes it clear we were formed, known, and planned with a purpose! **Ps. 139:13-18** We have two lives - our natural life and a spiritual one which came from above. The Spirit of God made us and the breath of the Almighty gives us life! **Job 33:4** Father desires that our hearts be open to receive all that He always planned for us!

Love is Substance

In **Rom. 5:5** it says that God, our Father, pours the substance of His love into our hearts, by the Holy Spirit, who was given to us. What happens when you pour water from a pitcher into an empty glass? The water (something) displaces the emptiness in the glass and you end up with something (a substance) that is cool and refreshing! Father is simply looking for us to open our hearts to receive the substance of His love to fill the emptiness inside our hearts. He loves us with an everlasting love that makes us come alive! All of us have experienced love from others that has conditions, is limited, and hurts us. His love is different! God is Love and everything about Him is love! His thoughts and actions towards us come from His perfect heart that only loves!

When we accept Jesus as our Savior and Lord, His Spirit makes our spirit brand new inside. Being born from above allows us to receive all that He is - His nature, personality and character. The more we experience His love in our hearts, the more we will live, move and have our being in God (Love). A great example of living and moving in love is David Livingstone, a missionary to Africa. The natives could not understand David's words, but their faces would light up as they felt his heart that only loved! Becoming like Jesus, a complete reflection of love means continuing to experience His love every day for the rest of our lives!

Love is relational! Love isn't love until it is given away. Father created us to be loved and always planned for His man to live loved, with our hearts connected to Him. What Adam and Eve did in the Garden of Eden long ago damaged their heart connection and relationship with Father. God worked very intentionally for centuries to reveal His great love for us by sending His Son to die for our sins and make a way for us to come home! Jesus did it all! It's not based on what we do but whose we are! Choosing to be born of the Spirit places us "in Christ" and we become Father's beloved sons and daughters who belong to Him forever!

Receiving His Love

Several years ago I heard a man of God say, "*You can't give away what you haven't received!*" Growing up I was taught how to give, but I didn't learn how to receive. ***I believe one of the biggest hindrances we deal with is being free to receive our Father's love all the***

time despite what we do or how others treat us. I (Sue), being a first born and prone to performing to merit love, have struggled to receive love if I mess up or fail to meet others' expectations.

I was prone to beating up on myself, feeling that I had disappointed/let God or others down. For many years I could only receive love and feel good about myself if I did well. But if I did badly, I felt I didn't deserve love. Now, even when I have blown it, I can experience His Presence and know the reality of His love covering a multitude of sins. **1 Pet. 4:8** He only has eyes of love for us!

We all desire to receive love and approval from our parents, teachers and others, but what if they don't have it to give us? Any place where they didn't receive love, they don't have love and acceptance to give to us! There is only One who has the love I need and He is teaching me to turn and receive His love first! **God loves us first!** He simply wants us to receive His love so we can love Him and others. The Message says "**We, though, are going to love – love and be loved. First we were loved, now we love. He loved us first.**" **1 John 4:19** Living loved is the constant flow of His love being poured freely and generously from His heart to ours. He wants us to be aware that *we are born of His Spirit, born of love and filled from above with His never-ending, everlasting love!*



Love is the Foundation

Only the Kingdom of Love is a solid foundation that cannot be shaken. In today's world many things are being shaken, causing many to be unsettled and fearful. **Hebrews 12:27-28** talks about "**the things that are made will be removed by the shaking, but the things which cannot be shaken will remain.**" Any area of my life where I am looking to what self or man can do is an area that can be shaken because it isn't on a foundation of love. Independence and trying to figure things out on my own used to be my way of life. It was exhausting, caused fear and I seldom felt safe! Fear can get us to focus on all the negatives, what-ifs, or maybes. We cannot survive the seasons of change and shaking in our own strength.

He wants us to live in love, His Spirit living in us, and being the very power of our lives. I am learning to be more aware of Him loving me all the time so that when circumstances and changes try to unsettle me, I can rest and be at peace that He's got it (whatever the situation) and He's got me! Love is the foundation for our lives and

isn't dependent on us. It flows out of who He is!

Both **John 17:23** and **26** say that He loves us as much as He loves Jesus and that His love is in us! Wow! He wants our hearts to rest secure knowing we are loved. Paul also tells us that nothing can separate us from His love! **Rom. 8:31-39** The further I walk with Him the deeper His love is growing in my heart.

Now I know in my heart by experience that I am rooted and grounded in His love, feeling secure and trusting in Him more. My desire is to live each day aware of His love letting Him be my place of comfort, protection and the source of my life! Only love has the power to transform and bring change to our hearts and lives. Will you believe and receive the truth that you are being loved right now by your good Father?

Living in Love

The truth is, He is loving us all the time, but for years I never knew or experienced it! Now I pray a simple prayer every day putting my hand on my heart saying, ***"Father, fill me with more of Your love!"*** I believe that He hears my prayer and pours the substance of His

love into my heart. His love is unlimited! I also pray **Ephesians 3:16-19** that He would increase my heart's capacity to receive the fullness of His love! I still have times when I forget that He is loving me or that love is living in me, but His Spirit helps me get back on track when I get off track! May each of you live aware that love is your permanent home as you are "in Him" and "He in you" by His Spirit! Read **1 John 4:11-13 TPT** and **1 John 4:17-18 MSG**. Let Him give you His images from these verses and may His Spirit burn those images into your heart knowing you have a permanent home in love and He is loving you now and forever!



A Father's Blessing to be Born of Love and Filled With His Love

I bless you to have an intimate, personal relationship with God as your Father. May you experience Him fathering you, comforting you and loving you in brand new ways. I bless you to know by experience, the reality of Holy Spirit pouring Father's love into the depths of your heart! I pray also that you would be rooted and grounded in His love, knowing your life is safe and secure as you rest and trust your Father's love for you! I bless you to see and know in your heart that no-thing can separate you from your Father's love. May your identity come from knowing you are deeply loved, fully accepted and have great value in His eyes! May He increase your ability to receive His love and enlarge your heart's capacity to receive more love, so you have more love to give others! I bless you to live loved each day and let love have the run of the house as you become a greater reflection of Love to those around you!

