



THE LOVE LETTER

Abba's Arms International, Inc.
(Kings Kids Unlimited, Inc)

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We're Going to Kenya!



We will be in Kenya from October 5 through November 7 helping teach at the Word Ablaze Bible Training Center in Nakuru. We will also be able to share about the Father's Love to the students attending the school from Kenya and several other nations during the classes and some of their chapel times. While there, we are believing to have opportunities to speak at some of the local churches and hold at least one evangelistic outreach to the children in Nakuru. We want to have the Bible school students participate in the outreach and see how they can do the same thing to reach the children in their own cities. As the need arises, we may also be ministering to some of the students who need healing for personal issues. Please pray for the students to have their hearts open to receive more of His Love! Also pray for our preparations to go and for all of the finances to come in to cover our expenses. We have budgeted \$4,500 for the trip. [A Big Thanks](#) to all of you who already support and pray for our ministry!!!

It is Time to Flow with Father!

For months now Father has been speaking to me (Sue) about **His desire that I flow with Him** more and more. It has been a time of asking Him questions and looking up verses on flow, flowing, etc. While I know I have not begun to plumb the depths of all that it means to flow with Him, I trust and pray that what He has led me to share will stir your heart to want to flow with Him too. Father first wants us to receive the flow of good things from Him. Then He showed me that to flow with Him requires my letting go of control. Are you willing to let Father be in control and change the way you go through each day? This is a part of getting into Father's flow. Finally when something is flowing, there is very little effort required on our part. Everything comes from and is supplied by Him. It is time to receive the flow that comes from Father and then let it flow out of us to touch others!

What is flow and what does it look like? In Webster's 1828 dictionary, **flow** as a *noun* means **a stream of water or current, a stream of anything, and abundance.** **Flow** as a *verb* can mean **to glide along smoothly, without harshness; to proceed or issue; to circulate; to abound or to have abundance; to be full; to melt or become liquid; to issue**

as rays or beams of light. Those definitions brought images of several things to my mind that flow - the water in a river flowing downstream, a couple flowing together on the dance floor, a girl's long hair flowing as she moves her head, candle wax flowing down as it melts from the flame and even the leaves and branches on a tree flowing as the wind blows. These images give us the idea that flowing with Father is not meant to be hard but simply something that requires our yielding to Him. He wants us to understand that He desires to flow in each life so that others see Him and get to know what Father God is like!

Flowing with Father God is not for a select few. He desires to live and flow through each one of His children. He wants rivers of living water to flow out of us. **"...Jesus stood and cried with a loud voice. If any man is thirsty, let him come to Me and drink! He who believes in Me (who cleaves to and trusts in and relies on Me) as the Scripture has said, From his innermost being shall flow (continuously) springs and rivers of living water."** John 7:37-38 (AMP) Rivers are to flow out of us, but where do they come from? In Rev. 22:1 John saw the river of life flowing from the throne of God and the Lamb. Your Father is the

source of all life and He has a supply that will never run out! It is time to put our eyes on Him and thirst for all that comes from Him.

Good Flowing to You

Too often we fail to see anything except the natural realm where there seems to be limits. Yet our Father has an unlimited supply of whatever we need. As the Israelites left the slavery of Egypt, Father God promised to bring them into a **"land that flows with milk and honey."** Our Father has always wanted to take care of all our needs. Even in the wilderness they saw water gush out of a rock as well as manna and quail drop from the sky. Father is a good God! In **John 10:10 (AMP)** Jesus said, **"The thief comes only in order to steal, kill and destroy. I came that they may have and enjoy life and have it in abundance (to the full, till it overflows)."**

We have an extravagant Father who only has a heart to do us good. Read **Jeremiah 32:38-42** and put yourself in the place of being His child and letting Him be a good Papa! Ask Him to give you eyes to see the abundant, full, overflowing life that He has planned just for you! Then open your heart to receive



the flow of every good thing that He has for you. When we take time to get to know our Father, we can expect His life to flow into us and change our lives forever! **Psalm 23** describes all the ways He will care for us with goodness, mercy, and unfailing love flowing toward us all the days of our lives. Start thanking Him that His life is flowing to you now to meet your every need!

Jesus knew how to flow with His Father as He walked the earth and blessed people. The words that Jesus spoke in **Matt. 11:27-30 (MSG)** have stirred my thinking about how we are meant to live our lives. Jesus speaks about all that He is doing and saying as being a part of a "**Father-Son operation.**" He never focused on Himself, but always spoke of coming to reveal the Father to us. Jesus also said He could do nothing without the Father. **John 5:19** Again in **Matt. 11**, Jesus encourages us to "**Learn the unforced rhythms of grace.**" As I have thought about what it means to flow, it truly includes the idea of unforced rhythms. The more we agree with the Word of God, the more we will flow with Him. We will flow and experience a Father-son operation like Jesus did, when we make His Word our final authority for what we believe and how we walk each day. To flow with someone we must become "one" with them having the same thoughts, words, and actions. Agreement is a part of flowing with another too. **Amos 3:3**

Letting Go of Control

Living in the flow will only take place as we let Father take the lead. When two people are dancing together, especially ballroom dancing, one person leads and the other follows. This allows the two to ultimately flow as though they are really one. There is such harmony and ease with which they move that it almost looks like they are gliding across the floor. Jesus was **led by the Spirit** into the wilderness to be tempted by the devil and He returned in the **power of the Spirit. Luke 4:1, 14** Jesus' example shows us that *letting another take the lead requires trusting another to be in control and a willingness to follow.* The

end result is power from heaven being ours. To flow with Father God will require us letting go and trusting that Father knows what needs to happen. He gave me an example of a young child going on a trip with his parents. He simply trusts his parents to take care of all the details of transportation, food, lodging, and what they will do. The only thing the child does is go with his parents and enjoy all that has been planned! Letting Father lead will bring peace and rest knowing that all will be taken care of at the proper time.

Most of us feel much more secure if we are in control or know what is going to happen. We like our routines or lives to be predictable. Change is often unnerving and causes us to be afraid or not sure of what to do. After reading a blog by the wife of a U.S. soldier who was wounded in Afghanistan, the Lord showed me how often I live life relying too much on myself and not on God when things are running smoothly. Suddenly nothing was routine about her life and even a simple task of getting her husband and three young girls into the car became a major event. She dealt with some frustration but then realized she needed instead to look to Father God and let Him direct her days and show her new ways of living with Him leading her one step at a time.

While ministering in Zambia, we met a missionary at the Bible School where we stayed. She gave us a slogan that they all lived by which is appropriate to share here. "**A missionary must be flexible so that he doesn't get bent out of shape.**" We cannot hang onto old patterns, ways, or want things to stay the same if we want to flow with Father. Our big God wants to carry us higher into the good things He has planned for us if we will simply let go of old patterns and allow the Spirit to take over. It is time to let His higher ways and thoughts become ours so we can flow with Him. **Isa. 55:8-9**

Since Jesus is no longer on the earth we are now the ones who Father wants to flow through to impact our lives and the lives of others. Too often we can be

self-conscious which causes us to see all the parts of us that are not like Him yet. This usually gets us to think Father can't use "me." Father is looking for vessels that He can fill and flow through.



He showed me that **my life is like a glove.** There is nothing that the glove must do or supply. It must simply let someone put it on. Until a glove is put on a hand, it is lifeless and it can be easily tucked away and not seen. Once the

hand puts on the glove, the glove can do many things. It can touch, hold, lift heavy loads, clap, signal others by pointing the way to go, and it can move many places all day long without getting tired. The glove gets all its energy and life from the One who put the glove on. We need to see ourselves being like a glove, filled and led by the Spirit of God. He is the One moving and orchestrating everything. But sometimes we may not be willing to let Father have full control of our lives. Have you ever seen a wet leather glove that has dried and gotten stiff? Anytime that we get into fear, anger, doubt or unbelief, we can be like that stiff glove that is afraid to flow with Father and trust that He knows what is best. Father does not want us to draw back by worrying or fretting about the place we find ourselves in. He wants us to remember that our enemy has already been defeated and He is our "Big God" that can do great things.

Developing our trust and learning to flow with Father is a process. Read **Ezekiel 47:1-12**. This passage gives us a series of different depths of the river that was flowing from the temple. First it was **ankle** deep, then **knee** deep, next, **waist** deep and finally it was **so deep you**



must swim. How often do we respond in a similar way to God wanting us to yield to Him and lose control of different parts of our lives? It usually requires our getting to know Him more so that we can trust Him and let Him take us to new places that will increase His kingdom. Sometimes we may find ourselves responding like the swamps or marshes. Those are the quieter waters along the edge of the river where we can hang on to things and feel more secure. However, verse eleven says the swamps and marshes will not be healed.

If we are not willing to let go of our old ways, we can become like stagnant water and not be productive. May we be open to letting new thoughts and ideas into our lives so that Father can flood us with fresh water, revelation of Him and His Word. In verse nine it says wherever the river flows life abounds. We need Father to always be our source of life so we experience good things! Verse twelve talks about trees along the river that bear fruit every month. Keeping ourselves in close constant fellowship with Father will allow His life to flow through us and produce the fruit of the Spirit in our lives, which is Father's character.

Gal. 5:22-23

Full and Overflowing

Our God is a more than enough God. He is extravagant and full of abundance in ways that most of us have never seen. He even promises that as we trust Him by tithing, He *"will open the windows of heaven and pour us out such a blessing that there will not be room enough to receive it."* Mal. 3:10

In order to flow with our Father and act like Him; we must be able to see and believe that He has an abundance to pour out and see Him as the source that never runs out! Are you ready to receive all that He has laid up for you? Many times we disqualify ourselves from receiving His blessings or letting Him use us to touch others. We may feel unworthy, not deserving, shame, and more. But all He is looking for are

vessels that He can flow through. He first must get things to you so that you can in turn let them flow into other people's lives. In **John 1:16** we are told that *"of His fullness have we all received..."* Jesus is the One who fills all with His fullness. **Eph. 1:23** For years I looked at myself and saw the little dab I had while failing to see Father's *fullness*, which in the Greek means *completion, supplement, copiousness, multitude*.

To flow with Father we must see His pleasure to fill us with Christ's fullness so that we can be a blessing to many others. **Col. 2:9-10** The secret to walking in fullness is our ability to keep the flow going. Flowing with Father means there can be no Dead Sea, where things flow in but do not flow out. He wants us to trust Him enough to let go of what is in our hand so that He can bring even more. Are you a conduit for

Father's flow of good things to touch and bless others? It is an exciting way to live our lives and be like our Father.



Have you ever seen a river that is at flood stage? It is so full of

water that it is bursting its banks and flowing out and filling other areas. That is exactly how our Father wants us to be. We are meant to stay filled so we can always be ready to speak a word or act like our Father around others. Thus we need to walk in **Ephesians 5:18**. We are to *"be filled with the Spirit"* or as the Greek tells us to be *"being filled with the Spirit"* all the time. We are to stay like a glass of water that is filled to the brim. When we get bumped, we can spill out love and the good things from His Spirit. As we experience His righteousness, peace, joy, rest, and love flooding our hearts then those things can flow out of us onto others.

As we grasp how much Father loves Jesus and realize **He loves us as much as He loves Jesus**, we will be buoyed up to float above situations in our lives. **John 17:23, Eph. 3:17-19** Both Peter and Paul stood up and boldly proclaimed the Gospel despite all the ways they had failed Jesus in the past. How did they do that? They were filled with the Holy Spirit and had been so impacted by Christ's love and fullness that they let His Spirit flow through them to touch others. Before Jesus' return, Father is expecting to flow through His sons and daughters in such glory and power that the world will be drawn home to Him. Can you see yourself so filled with His love and fullness that people will flow and be drawn to you? **Isa. 60:1-5; Micah 4:1**

Do you know what happens when you get into the main flow or current of a river? You get carried along from place to place with little effort on your part. But it does require trusting and relaxing that you are headed to the right place. The problem comes if you fight the current or question your direction by you attempting to steer yourself closer to the shore. The Lord showed me that my life is like a boat that is in His hands. Whether it is a large river, sea, or even an ocean, He wants to be the one directing and controlling my life. He knows exactly what to do when the river runs faster or there are rapids or rocks to avoid. He will navigate my life and take me safely through. It is when I think I know what needs to happen that I can get tired and struggle. He assured me that He is a good Father that will take care of the little details as well as the big ones of my life. I have decided to live my life letting go of control and enjoying the adventure of flowing with Father into the good things He has planned for my life. Are you ready to join the flow? Even if we don't know what may happen today or tomorrow, we can always rest secure in the unchanging, faithfulness of our Father. May Father take you one step at a time into His fullness so that you may flow with Him one day at a time!

Father's Blessing:

May Father give you eyes to see the abundant, never-ending supply that He has for your life. I bless you with a tender heart that is ready and able to receive every good thing that He has for you. I bless you to see yourself as a channel of blessing to touch others for His kingdom. May you live close to the river of life and bear good fruit. May Father bless you with a heart desiring to flow with Him. I pray for an increased revelation of what it looks like to flow as one with Him. I bless you with knowing and experiencing His love in new places so that you know you can trust Him with your life. I pray you will see yourself going to the next level of flowing with Father. May your heart rest knowing that it is safe to relax and let Father lead. I bless you with being more flexible and willing to let go of old thoughts and patterns. May He continually fill you with His Spirit until you live more aware of His fullness than anything else. I bless you with finding joy at entering into a Father-son operation like Jesus did with His Father. May you find pleasure and joy in learning the unforced rhythms of grace. I bless you with trusting Father to place your life into the right current so He can bring you to the right place at the right time. I bless you with great adventures flowing with your Father. In Jesus' name. Amen



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